

# Press Release



## Battle Ground Public Schools

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### Author to discuss kids' social world

What's bugging your child and what can you do about it?

Parents and the general public are invited to a presentation by children's advocate and author Trudy Ludwig titled "Understanding Our Kids' Social World: Friendships, Cliques & Power Plays." Free refreshments and childcare for youngsters 4 and older will be available.

**Time and day:** 7 – 8:30 p.m., Monday, April 25

**Place:** The Commons, Prairie High School, 11500 N.E. 117<sup>th</sup> Ave. (State Highway 503. Easy access from the north, off 119<sup>th</sup> Street opposite Winco store).

**Who:** Trudy Ludwig ([www.trudyludwig.com](http://www.trudyludwig.com)), author of "My Secret Bully," "Just Kidding," "Sorry," "Too Perfect" and others. She has appeared on ABC's "Good Morning America" PBS's "Keeping Kids Healthy," and the National Crime Prevention Council's Circle of Respect Program.

Here's a passage from the flier announcing Ludwig's free presentation:

"Intentional exclusion, gossip, the silent treatment, teasing and the spreading of rumors are often dismissed as normal rites of passage, but research shows these behaviors are a form of emotional bullying and they are as harmful as physical bullying—with devastating long-term effects.

"Learn more about relational aggression (the use of relationships to manipulate and hurt others) including the latest research findings, the nature of boys' and girls' friendships, cyberbullying, as well as tips, tools, and resources to help you empower your children in their social world."

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